**Learn on Your Own**

**Day 1: A Piece of Clay**

Review the video for this session.

[A picture containing indoor, person, guitar

Description automatically generated](https://tv-vod.faithlifecdn.com/assets/11990620/master.m3u8?key=DNJCwll2R4&sig=F03d4zJrwR4YCmbvndskD-2zVmASlJhlT1uH3itAWbI)

**Engage**

Read [Jeremiah 18:1–11](https://ref.ly/logosref/Bible.Je18.1-11).

**Consider**

God called Jeremiah into prophetic ministry at a young age. Many scholars believe he began serving God while in his teen years. In today’s reading, God sent Jeremiah on a field trip to observe the local potter. Jeremiah’s story shows us that God remolds our life at times in order for us to reach our purpose.

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| **QUESTION**  What is the message God wants us to understand from these verses? |

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| **QUESTION**  How do we learn to trust God and allow Him to be in control of our life? |

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| **QUESTION**  According to verses [6–11](https://ref.ly/logosref/Bible.Je18.6-11), how did God connect Israel’s choices with His control over the nation? |

**Reflect**

It’s tempting to think of God in “either-or” terms. Either He is good or bad, sovereign or imperfect, all-powerful or weak. But today’s passage shows us a God who is paying attention to us and to everything. Yet, He’s also given us free will to obey or disobey Him. Our choices interact with His purposes.

Sometimes we suffer consequences for stupid or sinful choices, even though God has forgiven us. Sometimes God’s discipline is, in fact, His mercy at work to protect us from even worse consequences in the future.

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| **QUESTION**  Where do you see God’s discipline at work in your life? |

**Activate**

Mold a piece of clay or draw an image that represents the area of your life where you see God’s mercy and discipline at work. Thank Him for His discipline that shows you His purposes.

**Pray**

God, I don’t always like Your discipline in my life. But I want to trust that You are in control. I believe You love me enough to help me come to a place of repentance. In my life, help me receive both Your discipline and Your mercy. Amen.

**Learn on Your Own**

**Day 2: He Holds Me Close**

**Engage**

Read [Psalm 27](https://ref.ly/logosref/Bible.Ps27).

**Consider**

Before becoming king, David spent some time running for his life from King Saul. In this psalm, David pleads with God for protection, trusting that God is in control. Going through tough things led David to learn to trust God with his life. Your experiences can also shape you to be ready for what’s next in your life.

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| **QUESTION**  Have you ever felt some of the feelings David wrote about in [Psalm 27](https://ref.ly/logosref/Bible.Ps27)? |

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| **QUESTION**  What were some of David’s responses showing his trust in a God in control of his future? |

**Reflect**

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| **QUESTION**  How confident are you that the Lord is in control of your life? What makes you say this? |

**Activate**

Write out your own psalm (a song or poem) to the Lord, telling Him of your concerns and fears and how you are growing in your trust in Him.

**Pray**

God, thank You for sending Jesus to earth to be the Savior. Thank You for caring for my life and Your willingness to help me through difficult times. Help me to recognize You as the Sovereign Lord over heaven, earth, and my life. Amen.

**Learn on Your Own**

**Day 3: Don’t Worry about It**

**Engage**

Read [Matthew 6:25–33](https://ref.ly/logosref/Bible.Mt6.25-33).

**Consider**

In these verses, Jesus was speaking to a large crowd in what is referred to as the Sermon on the Mount. Matthew chapters [5–7](https://ref.ly/logosref/Bible.Mt5-7) contains one long message, showing us Jesus’ heart and giving life instructions to help us live in His blessings. Jesus told us not to worry because He is in control.

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| **QUESTION**  Why do you think people worry about things? |

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| **QUESTION**  What’s something you tend to worry about? |

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| **QUESTION**  What does Jesus tell us to do instead of worrying? |

**Reflect**

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| **QUESTION**  What are a few ways we actually seek the kingdom of God (verse [33](https://ref.ly/logosref/Bible.Mt6.33))? |

**Activate**

Make a list of things you tend to worry about. Under the list, write out [Matthew 6:33](https://ref.ly/logosref/Bible.Mt6.33). Do your best to memorize it this next week.

**Pray**

Heavenly Father, thank You for being so rich in mercy and loving me so much. You are in control. Even though I tend to worry about things, You are teaching me to trust You and understand that You are in charge. Amen.

**Learn on Your Own**

**Day 4: The Lord Hears**

**Engage**

Read [Psalm 34](https://ref.ly/logosref/Bible.Ps34).

**Consider**

David wrote this psalm prior to becoming king. Even though he was promised as a young man that one day he would be king, David had to wait years for this to happen. The Lord uses these times of waiting to mold us as He prepares us for our future.

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| **QUESTION**  What does this psalm tell you about God caring for us? |

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| **QUESTION**  How would you say verses [4–7](https://ref.ly/logosref/Bible.Ps34.4-7) in your own words? |

**Reflect**

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| **QUESTION**  What’s an area of your life that you need the angel of the Lord to guard? |

**Activate**

Write out your favorite verse from [Psalm 34](https://ref.ly/logosref/Bible.Ps34) and post it in your locker, on your mirror, or on the refrigerator.

**Pray**

Lord of all, You are close to the brokenhearted. People all over the world need to know this. Help me to share this with others so that they would understand how You rescue and protect us. You are able to do this because You are in control. Amen.

**Learn on Your Own**

**Day 5: Complete Control**

**Engage**

Read [Colossians 1:15–23](https://ref.ly/logosref/Bible.Col1.15-23).

**Consider**

The apostle Paul wrote this letter to the Colossians. These verses tell us that God is in control, having created all things. Because of this, God continues to hold all things together. Let’s see how God being in control impacts our life.

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| **QUESTION**  What verses particularly show you that God is in control? |

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| **QUESTION**  How does knowing that God holds all creation together give you confidence that He holds your life together? |

**Reflect**

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| **QUESTION**  What’s an area of your life you need to surrender to God and give Him control? |

**Activate**

Over the next several days, let God know you desire that He takes control of your life as you learn to follow and trust Him more. Share with a family member or friend how you are allowing God to take more control of your life.

**Pray**

Sovereign Lord, I give You more control of my life—the good and the bad, happy and sad moments, the trials and surprises in life. You are in control of all creation, so I surrender to You and the plans You have for my life. In Your great name I pray. Amen.